



GURU NANAK GROUP OF COLLEGES
CENTRE OF EXCELLENCE FOR HEALTH & EDUCATION

GURU NANAK EDUCATIONAL CHARITABLE SOCIETY (Regd.) GOPALPUR

ਸਰਬੱਤ ਦਾ ਭਲਾ

ALMIGHTY !

PLEASE HELP US TO HELP OTHERS WITH YOUR KIND HELP

Dr. Balwinder Singh Walia

President

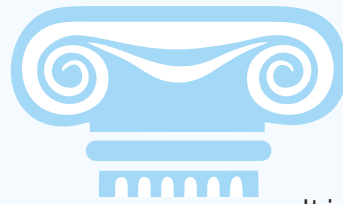
Dr. Iqbal Singh Walia

Gen. Secretary

"Progress and development of any Nation depends mainly upon the education and knowledge of its people. A civilized Nation is distinguished from an uncivilized one by the extent of intelligence and skills of its citizens."

AIMS OF THE SOCIETY

- ◆ To spread Education & Knowledge amongst all classes of the society by setting up Colleges & Schools.
- ◆ To provide medical assistance to the poor by organizing free medical camps, affordable Medical Aid and setup Hospitals, Health Clinics, Dispensary & Pharmacy etc.
- ◆ To provide free education to the poor and deserving students in the form of students scholarships, free books & interest free loans.
- ◆ To serve the mankind & ailing society without any discrimination of colours, caste, or creed
- ◆ To propagate & disseminate non-violence, Trust, Service, Self-Sacrifice & Universal Brotherhood.
- ◆ To help in any other notable cause of general public utility & do all possible lawful acts, deeds & things which may be beneficial for the society.
- ◆ To take active interest /practical steps for civil, economic, social & moral welfare of all.



ਪਾਰਸਿ ਪਰਸਿਐ ਪਾਰਸੁ ਹੋਇ ਜੋਤੀ ਜੋਤਿ ਸਮਾਇ ॥
ਸਚੈ ਮਾਰਗਿ ਚਲਾਇਆ ਉਸਤਤਿ ਕਰੇ ਜਹਾਨੁ ॥

President's Message

It is a matter of great honour, pleasure and pride for me to put on record that by the kind grace of our CREATOR, support from my acquaintances and staff members of GURU NANAK EDUCATIONAL CHARITABLE SOCIETY (REGD.) Gopalpur, is serving the mankind in all possible ways.



Right from its inception in 1st April, 1997, the society has been putting its best efforts to achieve its various social- welfare targets, i.e., expansion of education, knowledge, health care facilities, inculcating values of non-violence, trust service, sacrifice, brotherhood, mutual co-operation among youths and eradication of social evils etc.

Guru Nanak Ayurvedic Medical College & Research Institute, Gopalpur was established in 1998, with just 22 students in its first academic year of 2001-with gradual increase-now students in five batches of yearly intake of 60; show the excellent over all performance of this prestigious Institution, affiliated to Guru Ravidas Ayurved University, Hoshiarpur & approved by Central Council of Indian Medicines, New Delhi. Same is the case of Guru Nanak College of Education and Guru Nanak College of Nursing, Gopalpur, which are also on the path of continuous success.

All the above three Temples of Education, situated eco friendly adjacent to each other at Gopalpur; far away from the city crowds present a pollution-free and peaceful environment. Students find themselves at home and enjoy studying in these Institutes as the teaching and other staff are selected after careful screening. Focus of the Management is always on maintaining high standards of EDUCATION. Every care is taken for overall development and welfare of the students. Our society also provides assistance to the poor students by way of free books, scholarships etc.

The Society also runs well-equipped GURU NANAK HOSPITAL at Dehlon. It provides valuable health services to the residents of Dehlon and surrounding villages. Services of experienced doctors, para-medical and other staff are available in this hospital. Free medical camps and mobile medical services are provided for the needy. As we believe in a drug-free society, frequent de-addiction camps are organized. Several other steps are also taken for welfare of the people.

Over the time our Institute has been showing continuous better results due to high quality education. Presently institute is having students in 5 batches of 60 students each. Our institute is affiliated to Guru Ravidas Ayurved University and CCIM & its yearly intake capacity is 60.

May God bless you all

Dr. Balwinder Singh Walia

President, Guru Nanak Educational Charitable Society (Regd.)

Chairman, Guru Nanak Group of Colleges :

1. Guru Nanak Ayurvedic Medical College (B.A.M.S.)
2. Guru Nanak College of Nursing (G.N.M. & B.Sc. Nursing & P.B.Sc. Nursing)
3. Guru Nanak College of Education (B.Ed., M.Ed.)



Vice President's Message

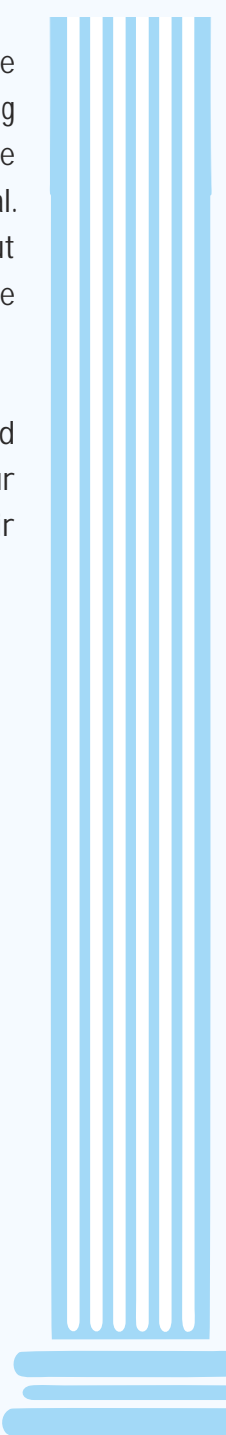
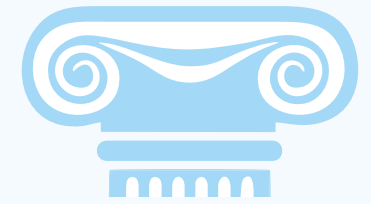
I feel great proud to be the Vice President of the Guru Nanak Educational Charitable Society (Regd.), Gopalpur, Distt. Ludhiana. The Society is running three leading institutions in Punjab like Guru Nanak Ayurvedic Medical College, Guru Nanak College of Education, Guru Nanak College of Nursing as well as Guru Nanak Charitable Hospital. Society is not only providing Medical & Humanities Education to young boys & girls but also serving the people by providing best Medical Treatment to the people, mostly of the rural areas.

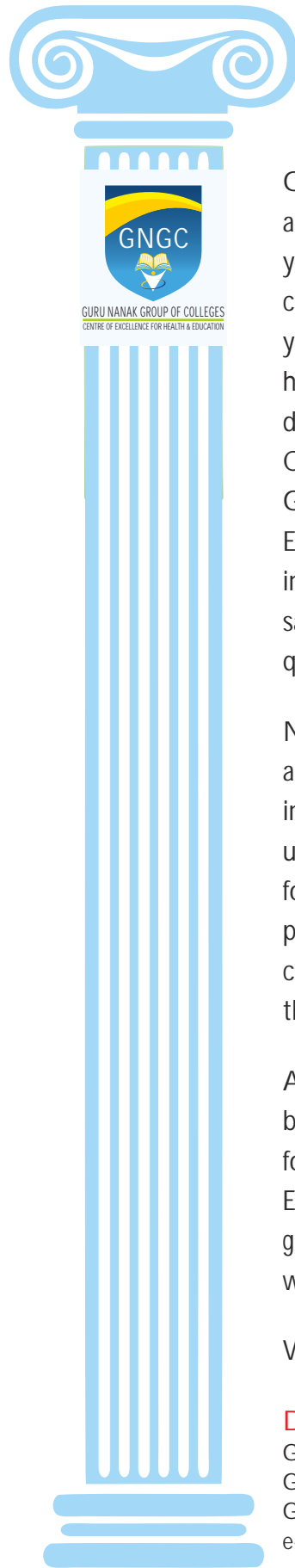
It has been my great motive and aim to provide medical education to the youngsters and my efforts will continue to achieve the target of this great cause. I am sure, students of our institutions after completing their courses, would emerge as the best performer in their medical and social fields.

My all the best wishes are with them.

Mrs. Manjit Kaur

Vice President





General Secretary's Message



On the brink of our 18th Anniversary, I feel greatly privileged and honored while presenting PROSPECTUS 2017-18 to the young aspirants, who have dream to start their career as competent Medical Practitioners and Teachers. I welcome you for your interest in this exceptional institution which have recorded over 16 years of constant development. This document is concise information about GURU NANAK AYURVEDIC MEDICAL COLLEGE & RESEARCH INSTITUTE, GURU NANAK COLLEGE OF EDUCATION & GURU NANAK COLLEGE OF NURSING, which is being run by Guru Nanak Educational Charitable Society (Regd.), Gopalpur. It will provide a glance at the courses, infrastructure, teaching/other staff and facilities available in these Colleges. Hope the same would suffice and the students & their parents would prefer these Institutes as far as quality education is concerned.

Needless to mention, the Management has made arrangements for various other basic amenities also like proper medical-care facilities, recreation/common rooms, spacious indoor/outdoor games, separate comfortable hostels & gyms for boys/girls, uninterrupted power supply with 62 kva generator, semi-deluxe door to door bus service for outsiders, canteen, telephone with STD facilities, Yoga Centres, Book-stores, personality-developent programs, yearly Inter-College sports & cultural meets, competitions with other Colleges/ Universities, regular research activities & placements through campus interviews.

As we believe in continuous improvement and expansion of Education/Knowledge & build professional skills of the student community for life time career, valuable suggestions for the same are solicited from all concerned for making these Colleges as Centres of Excellence. I hope the following pages will inspire you to join our Institute. I am sure your graduation experience here will be challenging and rewarding. Looking forward to welcome you.

Wish you all success in your lives

Dr. Iqbal Singh Walia
General Secretary
Guru Nanak Educational Charitable Society (Regd.)
Gopalpur, Distt. Ludhiana (Pb.) INDIA
e-mail: dr.iqbalsinghwalia@gmail.com



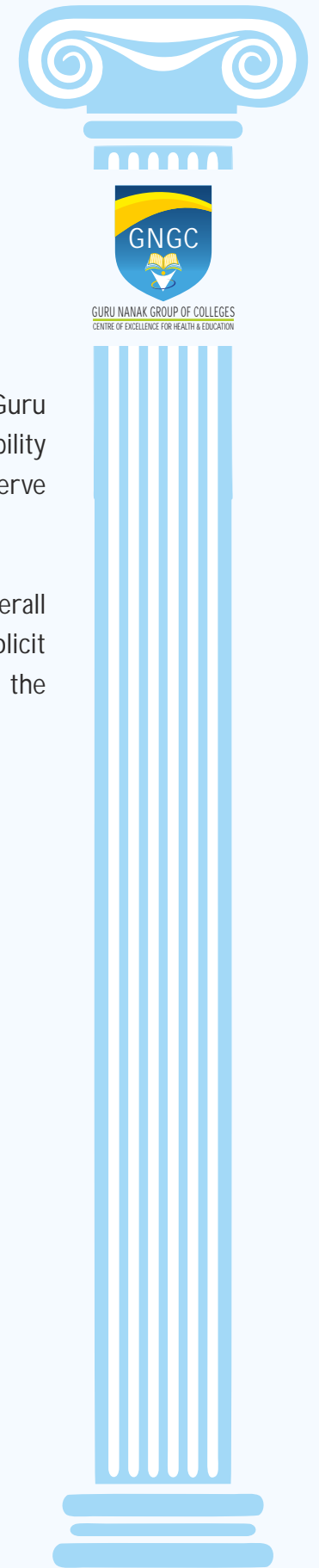
Secretary's Message

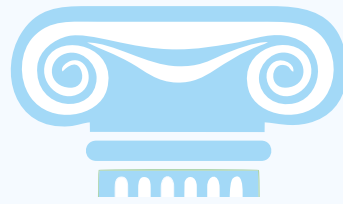
I feel greatly privileged for my appointment as Secretary of the prestigious, Guru Nanak Educational Charitable Society (Regd.), Gopalpur. This is a great responsibility for which I will give my best efforts to act for development of the society and to serve the mankind, and ailing society without discrimination of caste and creed.

On my part, I assure all concerned, that all possible steps will be taken for overall development and progress of institute's staff and students. At the same time I solicit the kind co-operation from all concerned working in our institutes to achieve the desired goals. I wish to see our colleges in the rising spirits.

With best wishes.

Mrs. Roopleen Kaur
Secretary
Guru Nanak Educational Charitable Society (Regd.)
Gopalpur, Distt. Ludhiana (Pb.) INDIA





GURU NANAK GROUP OF COLLEGES
CENTRE OF EXCELLENCE FOR HEALTH & EDUCATION

Joint Secretary's Message



I would serve Guru Nanak Group of colleges as Joint Secretary. I am honoured to be here. I pledge to preserve and strengthen the legacy of educational excellence our founders. I will always strive to provide environment where innovation, diversity and respect for the individual are evidenced in the daily life of our campus community. It has become a fashion to talk about equality. Everyone says equality in education, equality in health and so on and so forth. However, it has been my cherished dream to provide education and medical facilities to all equally irrespective of their social or economic standing. Your experience at Guru Nanak Colleges will be one of growth, change and opportunity. "The opportunity to learn new things, meet new people, exchange ideas and debate issues. That according to me is a true progress."

As the Vice President, it is important to me to continue with the college's efforts to expand and improve the quality of education for all students. Beyond that, I will continue to support and encourage the many life-enriching events, activities and programs at Guru Nanak Colleges which provide you with all-around educational experience.

Guru Nanak Educational Society and its allied institutions are the realization of this dream. It will be my endeavor to raise it to be deemed university.

Dr. Jaspal Singh
Joint Secretary
Guru Nanak Group of Colleges
Gopalpur, Ludhiana



GURU NANAK AYURVEDIC
MEDICAL COLLEGE & RESEARCH INSTITUTE
CENTRE OF EXCELLENCE FOR HEALTH & EDUCATION

GURU NANAK AYURVEDIC MEDICAL COLLEGE & RESEARCH INSTITUTE

GOPALPUR



BAMS

(DEGREE COURSE)

Ayurvedacharya

BACHELOR OF AYURVEDIC MEDICINE AND SURGERY

Affiliated to Guru Ravidas Ayurved University, Hoshiarpur

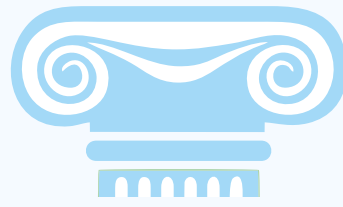
Approved by Punjab Govt.

Recognized by CCIM, Ministry of Health and Family Welfare (AYUSH), New Delhi

GURU NANAK AYURVEDIC MEDICAL COLLEGE & RESEARCH INSTITUTE

Ludhiana-Malerkotla Road, (Near Dehlon) Distt. Ludhiana -141 118

E-mail : gnaymc@gmail.com | Website : www.gnes.in



Director's Message



I feel greatly privileged for my appointment as Director of the prestigious Guru Nanak Ayurvedic Medical College & Research Institute, Gopalpur. No doubt this is a challenging responsibility for which I will put my best efforts to do justice with the expectations of the Management as well as of the students and their parents. In the past also I had the opportunity to serve this reputed Institution as its Principal for approx 4 years during which I have gained rich experience and relations with the Management, teaching faculty, other staff members and the students.

On my part, I assure all concerned that all possible steps would be taken for overall development and progress of Guru Nanak Ayurvedic Medical College & Research Institute, Gopalpur its staff and students. At the same time I solicit the kind co-operation from everybody to achieve the desired goals. Valuable suggestions for the same are always welcome.

I hope that the students of Guru Nanak Ayurvedic Medical College & Research Institute, Gopalpur will touch the heights of excellence by serving the ailing human beings and prove themselves to be worthy citizens of our motherland.

May the almighty bless everybody with his kindness.

Dr. J.P.S. Oberoi

Director
Retired Principal - Govt. Ayurvedic College
Paparola (HP)



Director's Message

Ayurveda is most ancient science of medicine whose origin can be dated back to Vedas. As a matter of fact Ayurveda is part of Atherv-ved.

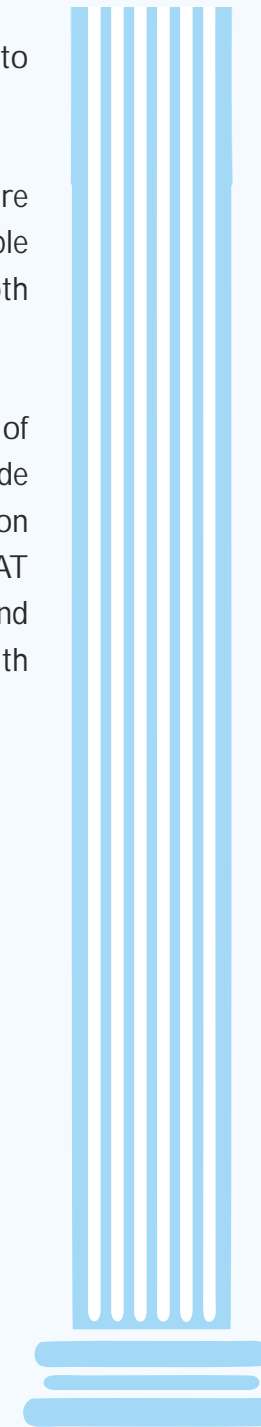
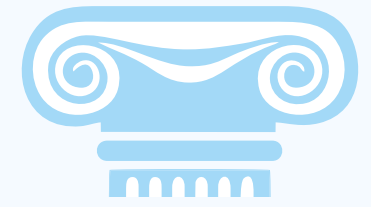
Ayurveda is a method of holistic healing and is based on prevention rather than cure of the illness. The approach to good health is done on a personalized basis and people of all ages and following different occupations are known to have benefitted both physically and spiritually owing to Ayurveda's wisdom of healing.

I feel honoured to be the Director (Administration) of Guru Nanak Group of Colleges. Guru Nanak Educational (C) Society Regd is committed to provide education & health services to the surrounding rural area without any discrimination of caste, colour & creed, as Guru Nanak Group of Colleges follow the motto SARBAT DA BHALA & Health for all. The aim of the society is to provide quality education and inculcate best values in the students so that they serve the ailing humanity with confidence, knowledge, compassion & responsibility.

With best wishes.

Dr. Yatinder Nath Sharma

Director (Admn)
Guru Nanak Group of Colleges
Gopalpur (Ldh)





Principal's Message

Ayurvedic Medical Profession plays an important role in the society. To provide Ayurvedic knowledge and groom good Ayurvedic Professionals is a matter of great challenge. Awareness of Ayurvedic knowledge in proper perspective is the responsibility of Ayurvedic institutions. Our aim is to spread the knowledge of Ayurveda by inculcating among the students a high sense of discipline and responsibility thereby preparing them for the competitive world and to give to the nation the best Ayurvedic Medical Professionals & good citizens. By virtue of having experienced teaching faculty and infrastructure, we are administering a dynamic set up, suited to the challenging needs of the society.

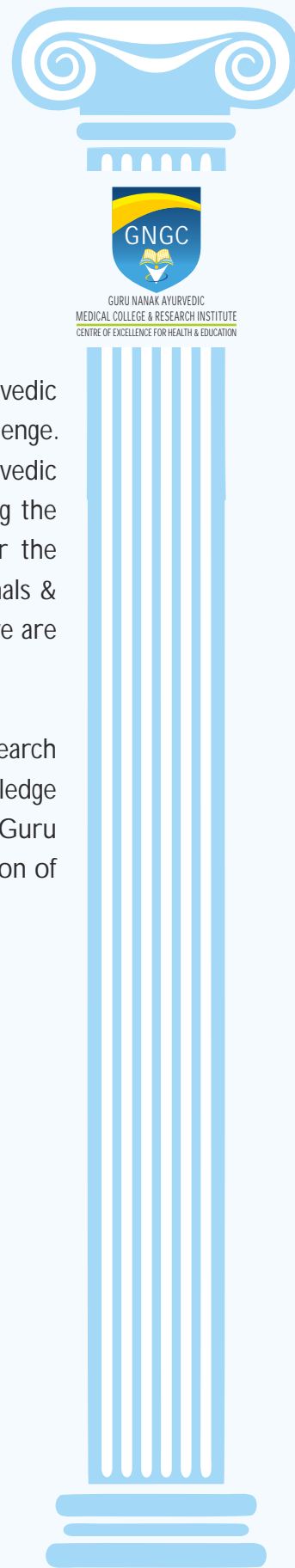
I feel privileged to be the Principal of Guru Nanak Ayurvedic Medical College & Research Institute, Gopalpur which is primarily meant for imparting standard Ayurvedic knowledge with my experience in the field of Ayurvedic Education. I shall strive hard to make Guru Nanak Ayurvedic Medical College & Research Institute, Gopalpur a leading institution of academic excellence in Ayurveda.

With best wishes.

Dr. Ashwani Sharda

Principal

Guru Nanak Ayurvedic Medical College
& Research Institute



The INSTITUTE

This Institute was established in 1998 by Guru Nanak Educational Charitable Society (Regd.), Gopalpur, (Ludhiana) registered with the Registrar of Societies, Punjab. The affairs of the society are being managed and looked after by its experienced senior members, headed by the worthy President, Dr. Balwinder S. Walia an eminent educationist.

Guru Nanak Ayurvedic Medical College & Research Institute, Gopalpur (Ldh.) is affiliated to Guru Ravidas Ayurved University, Hoshiarpur & recognized by Central Council of Indian Medicine, New Delhi. The very first admission to the B.A.M.S. with just 22 students was made in Jan. 2001. Since then Institute is on the path of continuous success. At present, students in 5 batches of yearly intake of 60 are pursuing Ayurvedic studies. Efforts are being made to increase the intake capacity of the BAMS course in future.

Our Institute conducts B.A.M.S. degree course of 5 years 6 months (4 years 6 months main course + 1 year compulsory internship) on completion of which the students are awarded the degree of BAMS. Further they may go for higher studies or join any Govt/Private Service or start their own practice.

The college is situated on midway of Ludhiana-Malerkotla highway at a distance of just 20 kms from Ludhiana & 6 km from Mandi Ahmedgarh

town. It has natural surroundings, with pollution free environment. Three College buses are being provided between Ludhiana & College for the day scholars.

Dr. Walia has taken an extremely dedicated step for mankind and for the ailing society by establishing Ayurvedic Medical College & Research Institute and a well equipped Charitable Ayurvedic Hospital. He has been constantly making sincere efforts to uplift the Ayurveda with the help of modern equipments and new developments, which have been taking place in medical world in this current scenario. Our motto has always been to serve humanity with humility and dedication.

COLLEGE COMMITTEE 2017-18:

- Examination : Dr. Rajesh
- Students Welfare : Dr. Ram Sakal
- & Placement Cell : Dr. Rajinder Kaur, Dr. Sobha
Dr. Alaknanda, Dr. Ravneet
- Sports & Cultural : Dr. Rajinder Kaur
Dr. Tejbeer, Dr. Sobha
Dr. Manisha
- Anti Ragging : Dr. Rajesh, Dr. Neeraj
Dr. Vaibhav
- Hospital Committee: Dr. Arshpreet,
Dr. Vaibhav
- Disciplinary Committee: Dr. Rajesh
Dr. Akhileshwar Mishra
Dr. Rishi
Dr. Raman

Note : If student have any problem during their stay in college, they are advised to meet concerned teacher

Introduction

As the world has been moving away from nature, it is facing various lifestyle disorders like Diabetes, Hypertension etc. in spite of tremendous advancement in modern medical science. Ayurveda is a medical science which embraces nature as well as a philosophy of life. It is being recognized as a potential system of medicine all over the world. We find a holistic approach towards health and disease management in classical texts of Ayurveda. Several Ayurvedic texts have been translated into various languages of the world particularly in English & German. World Health Organisation (WHO) and World Health Assembly adopted resolution urging different countries to give adequate importance to the utilization of their respective traditional systems of medicine.

The importance of Ayurveda has undoubtedly increased in current scenario where conventional medicine, finds itself unable to fight many diseases. The medical research today is entangled in rapidly increasing struggle against microbes that develop resistance to nearly all drugs tried on them. The patients, not able to bear the side effects of conventional antibiotics are now turning towards alternative medical therapy esp. Ayurveda.

Central and State Governments in our country have implemented various schemes to develop and promote Ayurveda through medical care, education and research. Government of India has given shape to the recommendations of various committees regarding development of Indian System of Medicine (ISM) and established Central Council of Research in Indian Medicine and Homeopathy (CCRIM & H) in 1969. The Council has established major Institutes and projects for research in Ayurveda, Unani, Siddha and Homeopathy. Central Council for Research in Ayurveda and Siddha (CCRAS), one of the four



successor councils of CCRIM & H was established in 1978. This step further intensified research in Ayurveda and Siddha. Ayurvedic Research Institutes in India and abroad are in the process of substantiating the ancient wisdom of Ayurveda with the parameters of modern medical science also. Millions of dollars are being spent on studying the medicinal properties of plants like Neem, Tulsi and Guggul etc. Many groups in Germany, US, Britain and Japan are working to explore the hidden treasure of Ayurveda in its original form.

Currently department of Ayush under Health Ministry looks after development of Ayurvedic education all over India. Government of India also announced its plan to have separate ministry to deal with affairs of Ayurvedic system of medicine.

The main reason for this revival of Ayurveda lies in its basic principles that have stood the test of time. These principles are based on holistic approach with particular attention towards life style, exercise, stress factors. Ayurveda essentially utilizes drugs in their natural form without disturbing their composition which minimizes chances of side effects.

A new health consciousness is sweeping the world with emphasis on staying healthy, building the immune system and using healing methods close to nature, a concept that has its roots in Ayurveda.

PLACEMENT FACILITIES:

College is providing placement facilities for passed out students by collaborating with linked private Hospitals, Jiva, ayeva Nursing Centres, Pharmaceuticals, Patanjali Ayurvedic Centres & Pharma Industry, Kerala Ayurveda etc.



Highlights

AUDIO-VISUAL AIDS:

The college has number of video-cassettes & slides for making learning easier and interesting in different subjects like Anatomy, Physiology and Pathology. Video Cassette Player, Colour T.V. and Projector-all these equipments are available in our institute.

PANCHAKARMA DEPARTMENT:

An Advanced branch of internal medicine in ayurveda, Panchakarma is equipped with all the instruments for panchakarma therapy. Chronic diseases like insomnia, depression, neurological disorders and joint pains are being treated in this department by trained doctors and therapist.

DISSECTION HALL:

Dissection is carried out in dissection hall on human cadavers. Further, models charts are also available for Practical training and specimens.

PHYSIOLOGY LABORATORY:

Institute has well equipped Physiology lab for conducting all the practicals related to physiology of human body as per CCIM/ university syllabus.

PATHOLOGY LABORATORY:

Institute has a Pathology lab which not only provides facilities for training of the students but also serves the attached hospital through all kinds of hematological, biochemical, urine, stool and sputum investigations. All the tests are performed with latest techniques.

HERBAL GARDEN & MUSEUM:

Institute has museum where samples of various dry herbal drugs, specimens have been displayed with their proper identification. Apart from this herbal garden has also been developed in the college campus for identification of medicinal plants. Nursery of medicinal plants has also been established

PHARMACY MUSEUM:

Institute has Pharmacy museum where various raw drugs of herbal, mineral and animal origin as well as their formulations have been exhibited. Students learn Ayurvedic Pharmaceutical procedures in this department for preparation of Ayurvedic classical drugs.

TOXICOLOGY AND JURISPRUDENCE MUSEUM:

Institute has museum of toxicology. Various poisonous drugs and a number of models and charts concerning medical jurisprudence have been displayed in this museum.

SURGERY DEPARTMENT:

Training is given to students in this department regarding wound management, ksharsutra therapy, accidental injury, operative procedures etc. Kshara shutra operation, an Ayurvedic method of surgery is performed under the department of Shalya Tantra for piles, fistula cases. This process is better than the modern method of surgery, which is accepted by WHO.

View of the Departments



AGAD TANTRA MUSEUM



RASASHASTRA LAB

View of the Departments



PHYSIOLOGY LAB



SHALYA TANTRA MUSEUM



HERBAL GARDEN (MEDICINAL PLANTS)



DRAVYAGUNA LAB



DISSECTION HALL
STUDENTS DISSECTING A DEAD BODY



PRASOOTI TANTRA MUSEUM



PATHOLOGY LAB



ANATOMY MUSEUM



DRAVYAGUNA MUSEUM (PHARMACOLOGY)



SWASTHVRITTYA MUSEUM

A Glance of Panchkarma Therapy

Ayurveda is a rich store house of time tested and effective recipes for the treatment of several obstinate and chronic diseases. For the treatment of chronic ailment and for rejuvenation, our ancient scholars have mentioned one specialized therapy known as Panchakarma. If one opens any chapter on the treatment of diseases in any classical texts, the first point to grab his attention is always description of the panchakarma measure as a line treatment Panchakarma therapy primarily aims at cleansing the body, of its accumulated impurities and nourishing body tissues. Panchakarma helps to rejuvenate body tissues and further prevents the process of aging.

The term Panchakarma literally means five (Pancha) specialized therapies (Karma). The therapies which are included under this collective term are as :

- | | |
|--------------------------|---|
| 1. Vamana Karma | Medicated vomiting |
| 2. Virechana karma | Medicated purgation |
| 3. Niruha Basti Karma | Drug is administered through medicated enema containing decoction of herbs, among others. |
| 4. Anuvasana Basti Karma | Drug is administered through medicated enema containing medicated oil |
| 5. Nasya Karma | Drug administered through nose of the patient. |

Prior to the Panchkarma the body of the patient is to be suitably prepared and for this purpose, two preparatory therapies are performed . These are :

- (A) External and internal application of medicated ghee or oil.
- (B) Medicated Steam Therapy.

The Panchkarma therapy are useful in many ways :

- (I) Increase in Digestive Power (ii) Diseases are alleviated (iii) Restoration & Maintenance of body system (iv) Proper functioning of mind & intellect (v) Improvement of skin colour (vi) Increase strength (vii) Person becomes capable of getting good progeny (viii) Sexual power increases (ix) Aging process is delayed (x) The person enjoys disease-free, healthy life.

So, Panchakarma gives us two fold benefit, one is to relieve from diseases (both chronic & acute) which are almost incurable and second is to prevent the diseases by boosting immune system.

Currently this classical method of treatment is practised all over India and is also attracting scientists from all over the world. Our Institution is well equipped with instruments for panchakarma therapy. Institute also provides physiotherapy instruments for the OPD and IPD patients, under the supervision of trained doctors and therapists. Students of this institution also take benefit of this method of treatment for their future practice.



GURU NANAK AYURVEDIC PHARMACY

Guru Nanak Ayurvedic Pharmacy & Research Unit

The special unit of "Nasha Niwaran" (i.e. De-addiction of alcohol & opium etc.) is also running in the hospital under the direct guidance of Chairman Dr. Balwinder Singh Walia.

BDP Pharmacy which is functioning since 1990 is one of the prestigious Ayurvedic Pharmacy in North India. This pharmacy is also attached with the college for demonstration of drug preparation to the students. Apart from this, Department of the Rasa-shatra, also has its own pharmacy with ultra modern machines along with ancient tools for imparting practical training to the students under the guidance of subject's teachers as per syllabus.

There is a separate research section being run for Ayurvedic medicine preparation. The effect of Ayurvedic drugs are observed in various diseases especially those in which modern medical science has its limitations.



Department wise list of TEACHING STAFF

The college is proud of its distinguished teaching faculty. They have proved their devotion to work in many ways. Teaching faculty of the college has played a singular role in earning the prestigious position for the college

PRINCIPAL Dr. ASHWANI SHARDA

SHARIR KRIYA		SHARIR RACHNA	
Dr. Ashwani Sharda	Professor	Dr. Madhuri Bhosale	Reader
Dr. Amit Prakash Bari	Lecturer	Dr. Karuna Sharma	Lecturer
Dr. Narind Khajuria	Lecturer	Dr. Harish Kumar	Lecturer
		Dr. Dimple Jagpaul	Lecturer
SHALAKYA TANTRA		SHALYA TANTRA	
Dr. Vishal Bhaskar Chaudhari	Reader	Dr. Chittaranjan Devidas Nakade	Reader
Dr. Amar Nath	Lecturer	Dr. Bihari Rai	Reader
		Dr. Rupinder Singh	Lecturer
KAYACHIKITSA		RASA SHASTRA	
Dr. Swagath N	Professor	Dr. Ashok Kumar	Reader
Dr. Bharti Sharma	Reader	Dr. Ravneet Kaur	Lecturer
Dr. Rishi Vashist	Lecturer		
SWASTHAVRITTA		DRAVYAGUNA	
Dr. Prashant Gagan Sharma	Professor	Dr. Tejbeer Singh	Professor
		Dr. Neeraj Kumarn Rai	Lecturer
		Dr. Sonal Bhola	Lecturer
KAUMARBHRITYA		BASIC PRINCIPLES	
Dr. Sandeep Kisan Rajput	Reader	Dr. Jyoti Sharda	Professor
Dr. Sobha Gupta	Lecturer	Dr. Sandesh Kumar	Lecturer
Dr. Rohit Kumar	Lecturer	Dr. Priti Ashoka Rao Pati	Lecturer
PRASUTI TANTRA		PANCHA KARMA	
Dr. Rajinder Kaur	Professor	Dr. Gauhar Vatsayan	Reader
Dr. Vivek Ajit Jog	Reader	Dr. Subhash Sharma	Reader
Dr. Arshpreet Kaur	Lecturer	Dr. Priyadarshini	Lecturer
AGAD TANTRA		ROG NIDAN	
Dr. Ram Sakal Singh	Professor	Dr. Rohit Kumar Bansal	Reader
Dr. Raman Dhaliwal	Lecturer	Dr. Manisha Sharma	Reader
		Dr. Amol Suresh Chugule	Lecturer

Guru Nanak Ayurvedic Medical College & Research Institute, Gopalpur Distt. Ludhiana

AYUSH Visitation Team on 24.04.2018



Dr. Ashwani Sharda Dr. Iqbal Singh Walia Dr. Anand K. Choudhary Dr. Galib

Dr. Jyoti Sharda, Dr. Karuna Sharma Dr. Shobha Sharma, Dr. Arshpreet Kaur, Dr. Rajinder kaur, Dr. Manisha Sharma Dr. Sonal Bhola

Dr. Rishi Vashisht, Dr. Harish Kumar, Dr. Neeraj Kumar Rai, Dr. Tejbeer Singh, Dr. Ashok Kumar Sharma, Dr. Ravneet Kaur, Dr. Raman Dr. Bharti Sharma

Dr. Bihari Rai, Dr. Sandeep Kisan Rajput, Dr. Ramshakal Singh, Dr. Amit parkash Bari, Dr. Subhash Sharma, Dr. Sandesh Kumar

Dr. Swagath N, Dr. Gauhar vatsayan, Dr. Rohit Kumar Bansal

Anand
24/04/2018
AYUSH VISIT

[Signature]
24.4.18

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Principal

G.N. Ay. Medical College & Research
Institute, Gopalpur (Ludhiana)

Guru Nanak Charitable Hospital

At present the college has a 150 bedded newly built hospital i.e. Guru Nanak Ayurvedic Charitable Hospital at Dehlon that not only imparts training to the students but also serves the ailing society. The hospital with the following 8 clinical department is being looked after by different specialists :

1. Dept. of Kaya Chikitsa (Internal Medicine)
2. Dept. of Panchkarma
3. Dept. of Shalya Tantra (Surgery)
4. Dept. of Kumar Bhritya (Neonatology & Pediatrics)
5. Dept. of Stri Roga & Prasuti Tantra (Gynecology & Obstetrics)
6. Dept. of Shalaky Tantra (Ophthalmology & Oto-Rhino-Laryngology)
7. Atyayik (Casualty)
8. Swastha Rakshan (Preventive Medicine)

The Hospital is equipped with modern diagnostic techniques. There is a separate section of drugless therapies like Naturopathy, Yoga, Acupuncture & Acupressure etc.

Facilities at Guru Nanak Charitable Hospital



Course & Examination

The students will be awarded the degree of Ayurvedacharya, Bachelor of Ayurvedic Medicine & Surgery (BAMS) by GURU RAVIDASAYURVEDA UNIVERSITY HOSHIARPUR on completion of prescribed course.

DURATION OF COURSE:

The total duration of course is 5 years 6 moths, as follows :

First Year	1st - 1 year
Second Year	2nd - 1 year
Third Year	3rd - 1 year
Fourth Year	4th - 1 year 6 month
Compulsory Rotatory Internship	- 1 year

NOTE : Degree will be awarded only after completing the satisfactory rotatory internship as per university rules and regulations.

FIRSTYEAR EXAMINATION :

- i) The First year examination will be held at the end of one academic year of First year session. The session ordinarily starts in July (Prior to university exams, house examination are conducted by the college in the month of March /April)
- ii) The first year examination will be held in the following subjects:

1. Padarth Vigyan Avam Ayurved Itihas (Philosophy & History)	2. Sanskrit
3. Kriya Sharir (Physiology)	4. Rachna Sharir (Anatomy)
5. Maulik Siddhant avam Ashtang Hridaya (Basic Principles of Ayurveda)	
- iii) A student failed not in more than two subjects will be held eligible to keep the terms for the second year Course. However he/she will not be allowed to appear for second year examination unless he/she passes in all the subjects of the first year

SECOND YEAR EXAMINATION:

- i) The Second year sessions will start every year in the month of July following completion of First year examination. The second year examination will be ordinarily held by the end of month of May/June every year after completion of 1st year session (Prior to university exams, house examination are conducted by the college in the month of March /April)
- ii) The Second year examination will be held in the following subjects:
 1. Dravyaguna Vigyan (Pharmacology)
 2. Rasashastra- Bhaishajya Kalpana (Pharmaceutical Science)
 3. Agad Tantra Vyavhar Ayurved Evam Vidhi Vaidyaka (Toxicology and Medical Jurisprudence)
 4. Charak-Purvardh (Basic Principles of Ayurveda)
- iii) A student failed in not more than two subjects will be held eligible to keep the terms for the third year examination, however he/she will not be allowed to appear for third year examination unless he/she passes in all the subjects of second year examination

THIRD YEAR EXAMINATION:

- i) The Third year session will start every year in the month of July following completion of second year Examination. The Third year examination will be ordinarily held and completed by the end of the month of May/ June every year after completion of one year of third year session (Prior to university exams, house examination are conducted by the college in the month of March /April)
- ii) The Third year examination will be held in the following subjects:-
 1. Roga Nidan Vikriti Vigyan (Pathology & Microbiology)
 2. Charak Samhita-Uttarardh (Basic Principles of Ayurveda)
 3. SwasthaVRITTA & Yoga (Preventive and Social Medicine & Yoga)
 4. Parsuti & Striroga (Gynaecology & Obstetrics)
 5. Bal Roga (Paediatrics)
- iii) A Student failed in not more than two subjects will be held eligible to keep the terms for the 4th year examination. However he/ she will not be allowed to appear for final year examination unless he/she passes in all subjects of Third year examination

FOURTH YEAR EXAMINATION:

- i) The final year session will be of 1 year and 6 months (18 months) duration and will start every year in the month of July following completion of Third year Examination. The 4th year examination will be ordinarily held by the end of month of Oct/Nov every year after completion of one and half year of final year session (Prior to university exams, house examination are conducted by the college in the month of March /April)
- ii) 4th year examination will comprise the following subjects:
 1. Shalya Tantra (General Surgery)
 2. Shalakya Tantra (Diseases of Ear, Nose & Throat, Ophthalmology)
 3. Kayachikitsa (Internal Medicine including Psychiatry, Rasayana & Vaji Karma)
 4. Panch karma
 5. Reserch Methodology & Medical statistics

COMPULSORY INTERNSHIP (Duration of Intership : 1 Year):

The student will join the compulsory internship programme after passing the final professional examination. The internship programme will start after the declaration of the result of final professional examination. The period of the Internship will be of one year. Internship programme and time distribution will be as follows:

1. The interns will receive an orientation regarding programme detail of Internship programme along with the rules and regulation, In an orientation workshop which will be organized during the first three days of the beginning of Internship programme. A workbook will be given to each intern. The Intern will enter date wise details of activities undertaken by him/her during his/her training.
2. Every intern will provisionally register himself with the concerned state Board/Council and obtain a certificate to this effect before joining the Internship program.
3. Daily working hours of intern will be not less than eight hours.
4. Generally one year internship programme is divided into clinical training of six months in the Ayurvedic

Hospital attached to the college and six months in PHC/ CHC/ Rural Hospital/ District Hospital/ Civil Hospital or any Govt. Hospital of modern medicine. But where there is no provision/permission of the state government for allowing the graduate of Ayurveda in the hospital/dispensary of modern medicine, the one year Internship will be completed in the hospital attached to the college.

A. Clinical Training of six/twelve months as case may be in the Ayurvedic Hospital attached to the college will be conducted as follows:-

S.No.	Departments	Distribution of six months	Distribution of twelve months
1.	Kayachikitsa (Medicine)	2 Month	4 Month
2.	Shalya (Surgery)	1 Month	2 Month
3.	Shalakya (ENT & Ophthomology)	1 Month	2 Month
4.	Prasuti & Striroga (Gynecology & Obs.)	1 Month	2 Month
5.	Balroga (Pediatics)	15 days	1 Month
6.	Panchakarma	15 days	1 Month

B. Six months training of interns will be carried out with an object to orient and acquaint the intern with National Health programme. The Intern will have to join in one of the following institutes for undertaking such training.

- (a) Primary Health Centre
- (b) Community Health Centre / District Hospital
- (c) Any hospital of modern medicine
- (d) Any Ayurveda hospital or Dispensary

All the above centres (a,b,c and d) will have to be recognized by the concerned University and concerned Government designated authority for taking such a training.

Topper Students of BAMS



SUDHI KAUSHAL
BAMS IVth Year
764/1100
Batch 2012-13



GAGANDEEP KAUR
BAMS IIIrd Year
747/1150
Batch 2013-14



HIMANI SHARMA
BAMS IIrd Year
813/1150
Batch 2014-15



RENUKA BANIS
BAMS Ist Year
775/1050
Batch 2015-16



SHOBITA SINGLA
BAMS IVth Year
709/1100
Batch 2012-13



SAKSHI
BAMS IIIrd Year
741/1150
Batch 2013-14



TISHU MITTAL
BAMS IIrd Year
798/1150
Batch 2014-15



GURJEET SINGH
BAMS Ist Year
767/1050
Batch 2015-16



ANKITA KATOCH
BAMS IVth Year
704/1100
Batch 2012-13



KANCHAN
BAMS IIIrd Year
740/1150
Batch 2013-14



SUMAN DEVI
BAMS IIrd Year
784/1150
Batch 2014-15



GURPREET KAUR
BAMS Ist Year
661/1000
Batch 2015-16

Eligibility Criteria



MINIMUM AGE: The candidate must have completed the age of 17 years on or before of the current year.

EDUCATIONAL QUALIFICATIONS:

The candidate should have passed 10+1 and 10+2 or its equivalent examination and the qualifying examination as a regular candidate from a recognized institution/university.

The candidate must have passed in the subject of Physics, Chemistry, Biology and English individually and must have obtained a minimum of 50% marks (40% for SC/BC) taken together in PCB - Physics, Chemistry and Biology in 10+2 examinations.

THE ABOVE CONDITIONS ARE SUBJECT TO ANY CHANGES AS PER INSTRUCTIONS OF THE PUNJAB GOVT AND GURU RAVIDAS AYURVED UNIVERSITY, HOSHIARPUR FROM TIME TO TIME.
NOTE: PAET IS REQUIRED FOR SPECIAL MGT. QUOTA CANDIDATES BUT OTHER CONDITIONS ARE AS PER UNIVERSITY/PB.GOV. NORMS.

FEE STRUCTURE

FEES: As per Govt Notification No.5/3/11-3HBI 11/3315 date 12/5/11 and is given below:

Fees (annual)

Govt quota	:	Rs.80,000	Fee Structure can be change as per Govt. Notification
Management Quota	:	Rs.1,20,000	

NRI Seats:

The N.R.I. unfilled seats under special management seats will be filled by Management itself and its fees will be as per Government of Punjab Department of Medical Education & Research (Health III Branch) Notification No.5/3/11-3HBIII/3315 dated 12/05/11

NOTE: CANDIDATES HAVE TO FURNISH SURETY BOND/BANK GUARANTEE THAT THEY WILL BE LIABLE TO PAY THE BALANCE FEE FOR THE WHOLE COURSE EVEN IF THEY LEAVE THE INSTITUTE/COURSE MIDWAY.

IMPORTANT:

- All the seats will be filled up strictly on the basis of merit in the common entrance test conducted by Guru Ravidas Ayurved University, Hoshiarpur 50% Management/NRI seats would be filled up on the basis of Merit as per order issued by the University. For Special Management Quota PAET is required.
- Any application received after the due date and time due to any reason including postal delay will not be considered
- All particulars in the application form must be written carefully. One recent passport size photograph of the candidate duly signed by him/her at the top side of the photograph and attested by the Principal of recognized College or School has to be pasted with gum in the space provided in the application form.
- Applications which are incomplete in any respect are liable to be rejected.
- The application form duly filled in should be accompanied by the following documents (attested copies) :
 1. Matric Certificate
 2. 10 + 1 DMC
 3. 10 + 2 DMC
 4. 10 + 2 Character Certificate
 5. 10+ 1 & 10+ 2 Regular Studies certificate
 6. Migration Certificate
 7. Gap Year Affidavit (if applicable)
 8. PAET Admit & Result Card
 9. Residence Certificate
 10. Caste Certificate (for Res. Cat.)

NOTE: CANDIDATES ARE REQUIRED TO BRING THEIR ABOVE CERTIFICATES/TESTIMONIALS IN ORIGINAL AT THE TIME OF INTERVIEW/ADMISSION.